Stratford & District Right To Life Association

June 2026 • Newsletter No. 179

STRATFORD AND DISTRICT RIGHT TO LIFE IS A PRO-LIFE, non-denominational organization of individuals who believe that all life - before and after birth - has a right to care and protection. We try to serve as a centre of information on the abortion issue, and to reach out to all Canadians concerning the preservation and dignity of human life, and also to urge one to take action in our democratic society.

PREGNANT? NEED HELP?

See page 4 for a list of local and regional resources.

CONTACT US

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stratfordright2life.ca
facebook.com/stratfordright2life.ca/

PRAYER CALENDAR INTENTIONS

That Canada once again becomes a nation that respects and values all human life, ending abortion, euthanasia and assisted suicide; help for all women in crisis pregnancies; for all families affected by abortion; in support of conscience rights for our doctors, nurses and health care workers; for freedom of speech and religion.

EVENTS

Monthly Meetings
Call 226-224-9599
for time and location

Family Day Picnic
Join us this summer for free food, games and fellowship.

Gravestone Cleaning
Join us to serve the underserved. No stone left uncleaned.

Dialogue Trainings
Maria McCann is giving several talks to our members.

Marches for Life
Thank you to all who participated in the Toronto and Ottawa Marches for Life.

PRESIDENT'S MESSAGE

Dear Friends and Supporters of Life,

In the past few months, Stratford and Area Right to Life has had the privilege of hosting a series of impactful seminars. These gatherings have provided our dedicated local pro-life community with essential knowledge and practical tools to help bring an end to the intentional and violent killing of our youngest and most vulnerable brothers and sisters in the womb.

Attending the first presentation myself, I came away with a powerful and lasting takeaway. While random or sporadic actions, no matter how well-intentioned, may feel satisfying in the moment, they will never achieve the lasting success we long for. Instead, we must unite around a single, clear goal — to make abortion unthinkable for every Canadian — and then work deliberately and strategically backward from that vision to bring it to reality.

The second presentation offered equally encouraging wisdom. It was heartening to learn that we, as pro-lifers, can confidently defend our position with clarity and conviction. We do not need unrealistic levels of specialized expertise; we simply need to speak with compassion, honesty, and compelling truth.

I warmly invite each of you to take the next step. Please consider joining our upcoming events, which are listed on our website, and becoming a more active advocate for the most vulnerable lives around us.

The time for action is now.

If not you, who? If not now, when?

In hope and solidarity for every precious life,

Paul Douros
President, Stratford & Area Right to Life

— FROM THE DESK OF — NEMO NOBODY

Dear Friends of Life,

On March 26, 2026, 25-year-old Noelia Castillo Ramos died by euthanasia at the Sant Camil residence in Sant Pere de Ribes, near Barcelona. One of the youngest people in Spain to receive "medical assistance in dying," her case reveals how early trauma, repeated failures, and a legal system that prioritized death over healing left a young woman with no hope.

Noelia's struggles began in childhood. After her parents' separation when she was 13, she lived under shared custody with an unstable home life. She spent four years (2015–2019) in state-supervised youth care facilities and was diagnosed with OCD and borderline personality disorder. As an adult, she endured multiple sexual assaults — including one by a partner while she slept and another by three men—which she did not report. Days later, in October 2022, she jumped from a fifth-floor window in despair. She survived but became paraplegic, suffering chronic pain and neurological damage.

In April 2024 she requested euthanasia, which was initially approved. Her mother respected the decision. Her father, however, opposed it in court — arguing her psychological conditions impaired her capacity — leading to a nearly two-year legal battle that reached Spain's highest courts and the European Court of Human Rights. All ultimately upheld her request.

In her final public interview, Noelia said: "I want to leave in peace already and stop suffering… I can't take this family anymore. I can't take the pain anymore. I can't take everything that torments me in my head." She chose to die alone. On March 26, she received a lethal injection with no one in the room.

This was not compassion — it was abandonment. A young woman failed by family, failed by the state that raised her, and failed by a society that offered death instead of sustained care, hope, or alternatives.

Every life has infinite value, especially in its darkest moments. Let us commit to being the voice that says: You are not alone. Your life matters. There is always another way.

In defense of every life,
Nemo Nobody

IN-PERSON DIALOGUE TRAINING FOR PRO-LIFERS

It's time to stop scrolling and start speaking.

For too long, pro-lifers have stayed silent in their own neighborhoods, workplaces, and college campuses while the abortion industry and culture of death advances unchecked. Our organization is no longer waiting for someone else to act.

We are going out into our community — right where the problem lives — to directly combat it.

Join our **hands-on, in-person Dialogue Training** and learn how to confidently share your pro-life convictions and answer the most common objections with clarity, compassion, and truth.

What You'll Gain:

- Simple, effective ways to open respectful conversations.
- Ready-to-use responses to popular talking points ("my body, my choice," viability, rape exceptions, and more).
- Real practice through role-play scenarios
- The courage and skill to change hearts — one dialogue at a time.

This isn't theory. It's practical, local training designed for everyday pro-lifers who are ready to move from private belief to public witness.

Sessions are forming now in local communities.

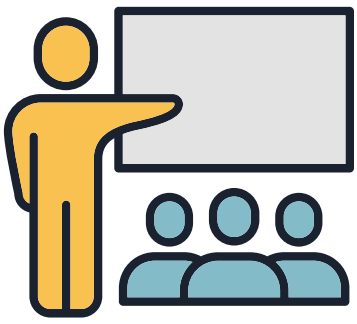
Small groups. Real conversations.
Immediate impact.

The unborn can't speak for themselves. It's time we did.

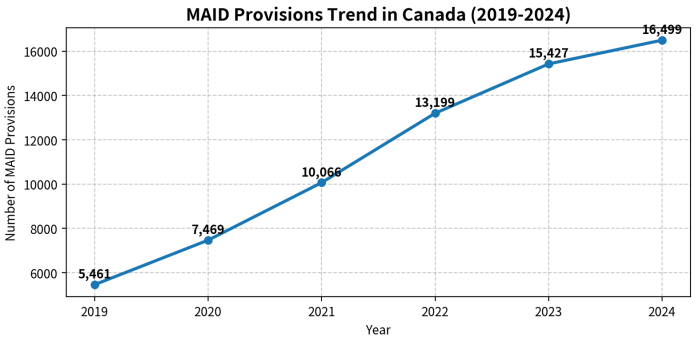
Reserve your spot today.

Spaces are limited.

Text or call our organization at: 226-224-9599 and speak with our President, Paul Douros.



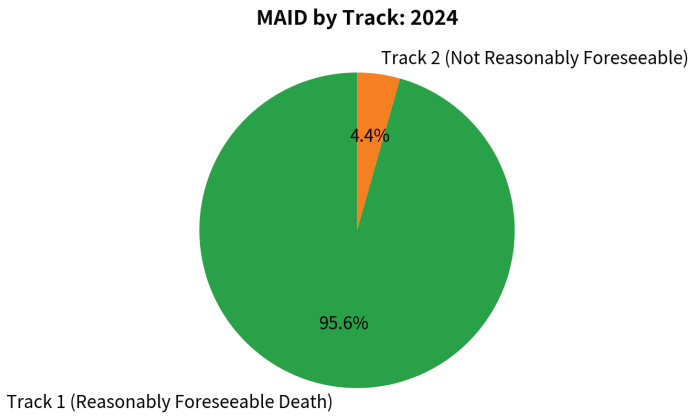
STATISTICS OF INTEREST



Canadian MAID 2024: A Statistical Portrait
Sixth Annual Report on Medical Assistance in Dying – Health Canada (published November 2025)

National Snapshot
- **16,499** Canadians received MAID — **5.1% of all deaths** (1 in 20).
- **+6.9%** from 2023; cumulative total since 2016: **76,475**.
- Requests: 22,535 | Ineligible: 1,327 | Withdrew: 692 | Died before: 4,017.
- **74.1%** received palliative care | **32.9%** self-reported a disability.
- Median age: **77.9 years**.

Why these numbers matter? MAID is now routine — the 5th leading cause of death. Cancer drives **63.6%** of cases. Does high cancer incidence explain — or reveal gaps in — end-of-life support?



Track 1 (95.6%) vs **Track 2 (4.4%)**
Track 1: death reasonably foreseeable (terminal).
Track 2: death not reasonably foreseeable (chronic suffering).
Median age: Track 1 **78.0** | Track 2 **75.9**.

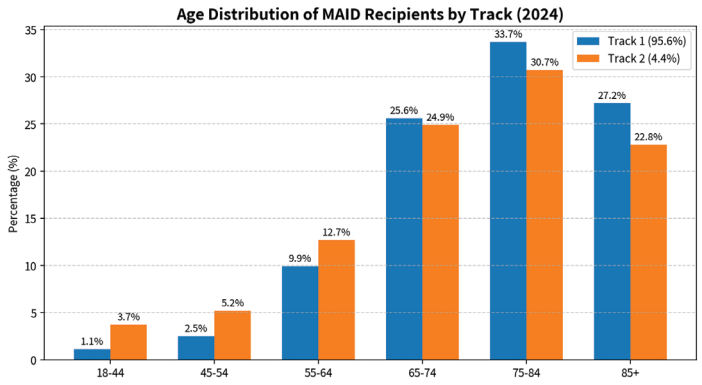
Top 5 Countries Ahead of Canada

1. **Australia** – 463
2. **New Zealand** – 427
3. **Denmark** – 375
4. **United States** – 367
5. **Norway** – 358

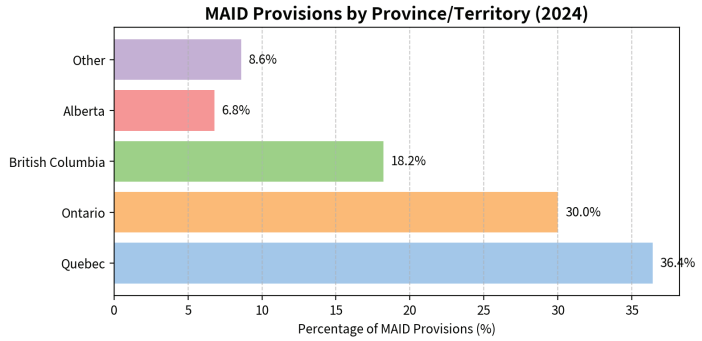
Key Reflections
- Over **60%** of recipients were 75+.
- Provincial variation is stark: Quebec + Ontario = **66%** of all MAID.
- Growth is slowing, yet 16,499 assisted deaths in one year raises profound questions: Are we adequately supporting those living with cancer and chronic illness, or defaulting to MAID? With Canada's high cancer incidence, the data challenges us to examine prevention, palliative care, and societal values around suffering and autonomy.

Sources
- All MAID statistics: Health Canada, *Sixth Annual Report on Medical Assistance in Dying in Canada* (2024 data, Nov 2025).
- Cancer incidence rates: GLOBOCAN 2022 estimates (World Cancer Research Fund / IARC).

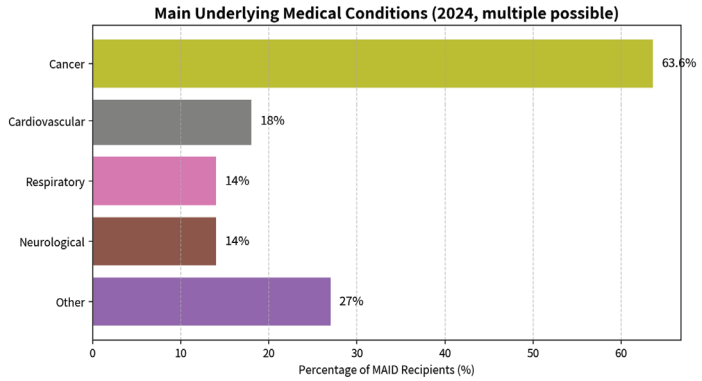
Graphs generated directly from official data for accuracy and readability.



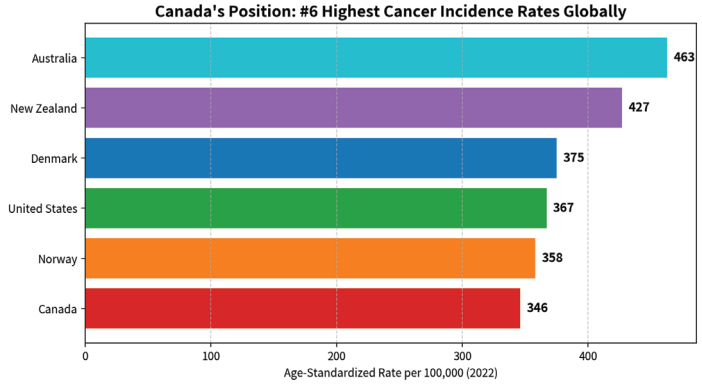
Provincial Breakdown
Quebec leads in both volume and share.



Main Conditions (multiple possible)
Cancer dominates MAID requests.



Canada's Cancer Burden: #6 Globally
Age-standardized incidence rate (ASR) ~346 per 100,000 (GLOBOCAN 2022).
Cancer accounts for **>63%** of MAID cases. High national cancer rates fuel demand for assisted dying.



STRATFORD & DISTRICT *Right to Life Association*

If you're serious about your conviction that all life matters, becoming involved in your community is a necessity if you want to do more than any one person could. Consider joining the Stratford & District Right To Life Association. We don't have anyone on salary - all people volunteer their time. Your money stays within the community or goes towards resources that enable us to provide support for the community. You are not required to have other views, other than the belief that all life has value.

If you're interested in more details, scan the QR code to the right to head directly to our membership page:

If you have services to offer and believe in the immutable value of life, please contact our President for advertising opportunities.

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LOCAL RESOURCES

House of Blessing Pregnancy Care Centre
- Website: shob.org
- Phone: 519-273-0554 (pregnancy-specific)
- Email: info@shob.org
- Address: 423 Erie St, Stratford, ON N5A 2N3

Fresh Start Support Services
- Website: www.fsms.ca
- Phone: 519-637-7775
- Email: info@fsms.ca
- Address: 797 Talbot Street, St. Thomas

NEAR BY RESOURCES

The Pregnancy Centre
- Website: pregnancycentre.ca
- Phone: 519-886-4001
- Text: 1-833-243-8415
- Email: info@pregnancycentre.ca
- Address: 38 Francis Street South Kitchener, ON N2G 2A2
- Hours: By appointment; call or text to book

Birthright Kitchener-Waterloo
- Website: birthright.org (search for Kitchener location)
- Phone: 519-579-3990 (24/7 hotline)
- Address: 96 Highland Road West, Unit 1 Kitchener, ON N2M 3B5
- Hours: Mon-Fri 10am-4pm; call for availability

Dawn Centre
- Website: dawncentre.ca
- Phone: 519-620-0204
- Address: 73 Water Street North #507 Cambridge, ON N1R 7L6
- Hours: Mon, Tues and Thurs 10am-3:30pm

Monica Place
- Facebook: www.facebook.com/monicaplaceca
- Phone: 519-743-0291
- Address: 231 Herbert Street Waterloo, ON N2J 1V1

London Pregnancy and Family Support Centre
- Website: lonpfsc.com
- Business Phone: 519-432-7098
- Crisis Line: 1-800-665-0570 (24/7)
- Email: info@lonpfsc.com
- Address: 261 Piccadilly Street London, ON N6A 1S3
- Hours: Mon-Thu 10am-4pm, Fri by appointment

MENTAL HEALTH RESOURCES

Several centers refer to National lines like 1-800-395-HELP or 1-800-895-HELP for after-abortion help